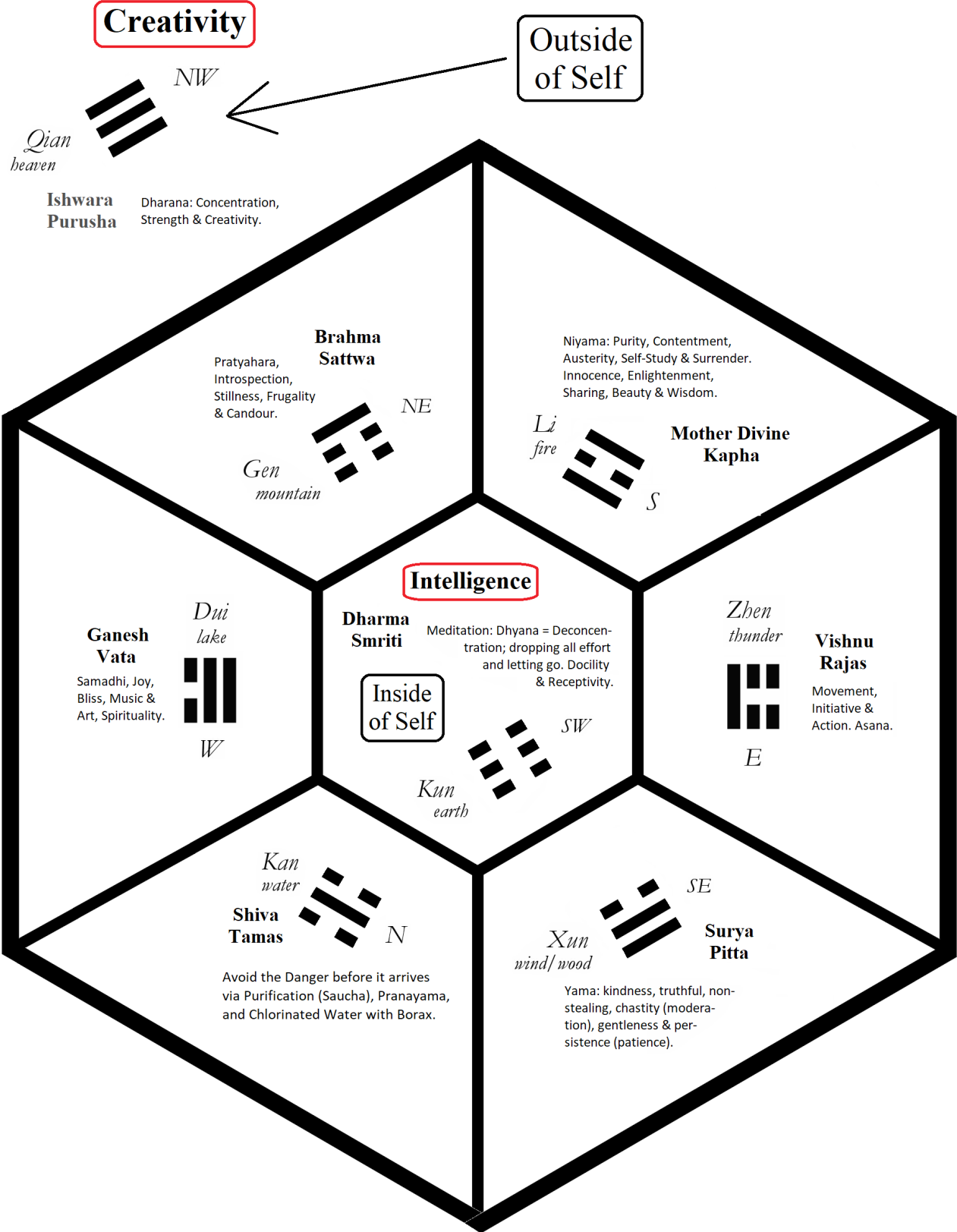


What does the quadrature of electricity have to do with yoga?



My shortcoming is my avoidance of danger. For, I am constantly and repeatedly falling into dangerous situations. Yet, my karma dictates that no sooner do I fall into danger, that I arise out of danger holding metaphorical gold in my hands in the form of improved awareness about the nature of that particular danger (via its mechanism of operation) making it far more difficult to fall into that sort of danger ever again in the future.

This is due to a congenital defect which renders me naïve and vulnerable. Yet, I am gifted with insight and am a big believer in prevention is superior to fixing a problem *after* it has arisen. The former costs less biological energy while the latter costs much more.

The most likely limb of yoga by which I tend to fail is in the area of Pranayama which has close ties with the first of the five Niyamas (personal observances), namely: purity = saucha.^{1 2 3}

It's possible to adapt borax for personal use by utilizing webpages devoted towards finding the volume of a swimming pool and downsizing this calculation to the size of a bathtub,⁴ and then determine the amount of borax to stabilize the bathtub's pH,⁵ and finally use webpages devoted to the taking of bleach baths (for the treatment of dermatitis) and adapt those recipes for this type of bath.⁶

Then, it is possible to use the bathwater, after soaking in it for a while, to fill an enema bag to serve as the finishing touch to this bath-session. Or else, a fresh batch of enema water can be heated on the stove using pure water, a more concentrated solution of borax than what is used in the bathtub or a swimming pool involving a pinch of salt, plus one tablespoon of borax per enema bag (of 1 and $\frac{3}{4}$ quart volume), and far less chlorine bleach by dispensing ten drops of bleach from an eye-dropper bottle into another eye-dropper bottle and fill it up with pure water (not from the tap) and use three or four drops from out of this bottle after shaking it (three drops if the bleach was 7 and $\frac{1}{2}$ percent strength or four drops if the bleach was 5%). If you have trouble retaining the enema water, then it may be a good idea to try again with another batch of this recipe, because the second attempt (at taking an enema) may be easier to administer than the first. That's usually the way it works. The colon may want to expel the water, immediately, but will "learn" to relax, eventually.

Ashtanga versus Yiching Equivalencies... <https://www.podbean.com/ew/pb-ktgwb-1243e76>

What are the significant cross correlations between the four quadrant theory of electrical engineering according to Eric Dollard, and the Yiching also known as the Chinese Book of Changes, and Ashtanga Yoga also known as the eight limbs of yoga?

<https://vinyasi.podbean.com/e/there-is-an-electrical-circuit-to-satisfy-and-resolve-every-problem-known-and-unknown-to-mankind/>

1 <https://www.yogapedia.com/definition/7436/saucha>

2 <https://www.bing.com/search?q=borax%20for%20swimming%20pool%20treatment>

3 <https://pforlife.com/borax-conspiracy.html>

4 <https://www.swimmingpool.com/resources/tools&apps/pool-volume-calculator/>

5 <https://poolchemicalcalculator.com/Pool-Borate-Calculator.html>

6 <https://www.aaaai.org/tools-for-the-public/conditions-library/allergies/bleach-bath-recipe-for-skin-conditions>



UPDATE

There is a superior method of purifying the human physiology, and that is: Transcendental Meditation as taught by certified teachers of the Transcendental Meditation Technique⁷ due to the grace of its effortlessness. In fact, any effort which the meditator applies to the practice is an error which yields less than maximum results. And all of this is due to the blessings which are made upon the TM technique by its puja, its homage, to Maharishi's master. This superlative grace of the Shankaracharya of the Northern seat of the four Shankara of India pervaded the most precious of these four seats of spiritual learning which had laid vacant without anyone to fill it for 160 years prior to it being filled by Brahmanda Saraswati of Jyotir Math for 13 years up until his passing in 1953. It is said of him that not a yogi has graced this Earth for the past 10,000 years prior to the achievement of Maharishi's master which was: the full enlightened development of all eight limbs of yoga making him a master of masters.

Normally, a yogi becomes adept at mastering merely one limb of yoga — two or three at the most, but never all eight!

Due to this achievement after spending 11 years in a cave apart from *his* master's ashram, Svāmī Kṛṣṇānanda Sarasvatī,⁸ the young lad acquired an uncanny ability to satisfy anyone's desire should they merely look at a picture of him while thinking about their problem which needed resolution.

When Maharishi noticed this fact, he dedicated his life, after the passing of his master, to constructing a meditation technique which would be suitable for householders and attach his master's

⁷ [Transcendental Meditation® Technique – Official Website \(tm.org\)](http://www.transcendentalmeditation.org)

⁸ [Brahmananda Saraswati - Wikipedia](https://en.wikipedia.org/wiki/Brahmananda_Saraswati)

grace to this technique and to the initiate through the puja ceremony which the initiate merely witnesses his, or her, teacher perform during initiation. So long as the technique remains sequestered within the silent recesses of the meditator's mind, and so long as the meditator adds no effort of his own which will undoubtedly interfere with the operational grace of Maharishi's master, so long will the teaching of Transcendental Meditation retain the purity of the grace of Maharishi's master and continue to generate results for anyone who chooses to practice it.

Backup copies of this post are available in PDF format.^{9 10}

9 http://vinyasi.info/mhoslaw/What%20does%20the%20quadrature%20of%20electricity%20have%20to%20do%20with%20yoga_.pdf

10 http://vinyasi.info/energy/What%20does%20the%20quadrature%20of%20electricity%20have%20to%20do%20with%20yoga_.pdf