

Beeswax for Depression



VINYASI

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[Forever Young \(1992\)](#) - Free Movies | Tubi



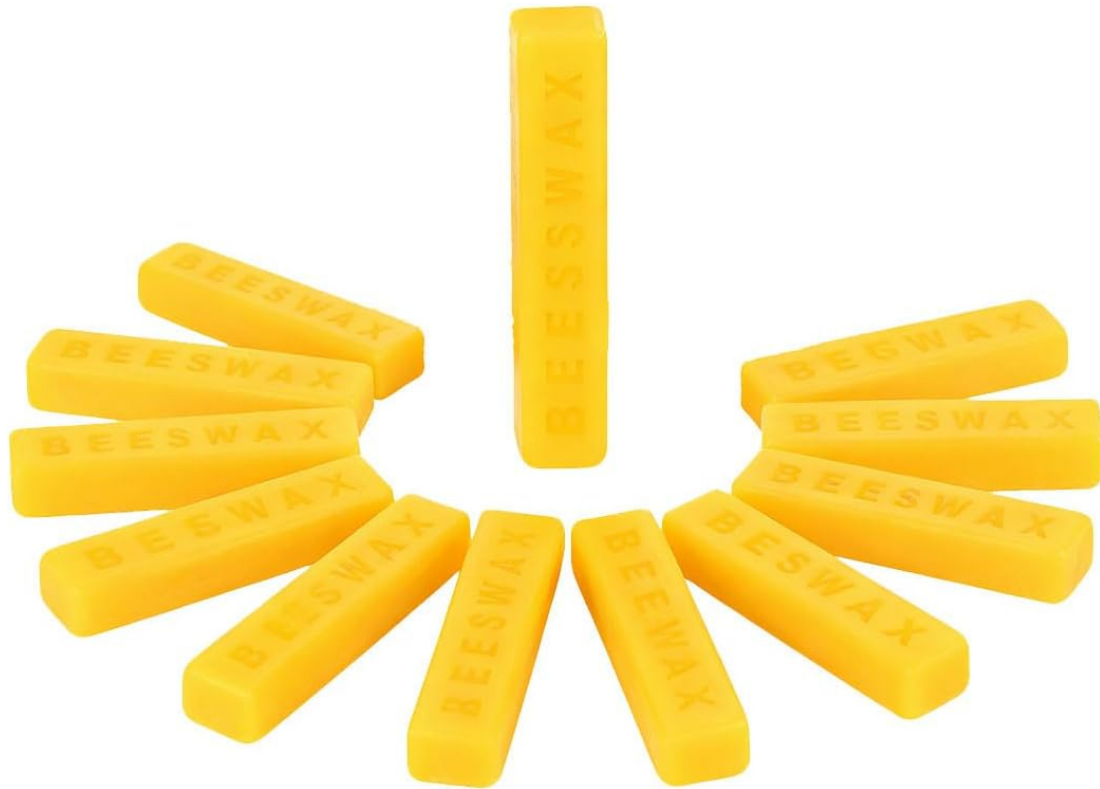
That movie has nothing to do with this post. Yeah; right.

I've been subject to depression, now and then, for my whole conscious life. Ever since I was four years old, I have been subject to this. Now, I know why. I miss my father.

But more accurately, I miss my divinity.

In any case, there is an organic (based on a food byproduct), natural, alternative treatment for depression. It's beeswax. High quality,

cosmetic grade, comes in small ounce bars (more or less).



And all that is required is to take a small, very small, nibble after or before or between meals after softening one of these hard sticks in warm water.

Don't try to chew the stuff or you'll likely get it stuck between your teeth. Just swallow it with some liquid as if you were swallowing a small pill.

Don't buy the large block sizes, since they're garbage. May even clog your arteries.

None of this stuff is sold with the intention of us eating it. So, be careful which variety you purchase. Small one-ounce bars/sticks are best.

[Yellow Beeswax-Bar - 12 Pcs Beeswax - Amazon](#)

Or else, make a confection out of it by melting honeycomb, or beeswax and honey, into butter or some other oil or their combinations, to serve as the basis for a sweetened confection. Baklava comes to mind.

This »



Plus, this »



Yields a healthy Yum!