

# Breatharianism



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I've long suspected that the Redwood Forest, in California,



... was planted by a bunch of breatharians who also had cultivated the Incense Cedar Forest:



**Incense Cedar**

243KB  PDF file

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... just a little south of Lake Tahoe.



Their technique was thus:

The initiates began their training at Lake Tahoe by alternating between attempting to be able to feel “sufficient” at breathing the water, underwater, at Lake Tahoe versus subsisting on air alone within the Incense Cedar Forrest nearby. They would, thus, alternate, back and forth between these two techniques until they felt competent at remaining at ease in the Forrest and could, thus, migrate their way south to the Redwoods to remain there permanently until they left their body (probably in a state of robust enlightenment).

This is why the legend of Merlin is entwined with the legend of “The Lady of the Lake”. This is also why the Mahabharata describes a saint resting underwater for a lengthy period in the midst of their civil war while the Pandava brothers (including Arjuna) taunt this saint to come out and fight claiming that he was a coward (no; he was merely tired).

It has also been reported that a very hefty (overweight) swami, who has had his ashram on the banks of the Ganges in India, would once in a while go down to the river to immerse himself for lengthy periods to “recharge” his batteries.

Tat Wale Baba has been reported, by Paramhansa Yogananda (in his book: *Autobiography of a Yogi*), to have immersed himself underwater for a lengthy period (several days). When he came out, he exclaimed that “man does not live by oxygen” to imply that we live by the grace (light) of God.